

East Windsor Senior Center Events and Activities

July 2015

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON- WHEELS (860) 292-8279 WEBSITE: www.eastwindsorct.com

MONDAY	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		Shopping-Geissler's 9:00 Cribbage 10:00 Wii Zumba 12:30 WHPT Library 1:00-2:00	Blood Pressure & Blood Sugar Screening 10:00-12:30	CLOSED
6 Shopping-Big Y or Walmart 9:00-11:00 Art with Tex 12:30 Wii Bowling 12:30	7 Game Day 10:00-11:30 Chair Yoga 12:30	8 Shopping-Geissler's 9:00 Cribbage 10:00 Wii Zumba 12:30	9 BINGO 12:30-2:00	10 Mini Golf at Fairways Lunch at Shady Glenn 9:45-2:00 (Call and remind them to be there for 10:30)
13 Shopping-Big Y or Walmart 9:00-11:00 Art with Tex 12:30 Wii Bowling 12:30	14 Tea Time 10:00-11:00 1:1 Law Sessions 12:30 Chair Yoga 12:30 Staff Meeting 2:00-3:00	15 Shopping-Geissler's 9:00 Cribbage 10:00 Wii Zumba 12:30 Bart's Drive-in Cruise Night 4:30-8:30	16 Senior Safety 12:30 - 1:30 Senior Club Meeting 1:00-3:00	17 American Clock & Watch Museum 9:45-2:30 Mobile Food Share St. Catherine's Church - 1:45 - 2:30
20 Shopping-Big Y or Walmart 9:00-11:00 Art with Tex 12:30 Wii Bowling 12:30	21 Foot Care \$\$\$ 9:00-1:00 Focus Group 10:00-11:00 Food for Thought 11:00-11:30 Chair Yoga 12:30 Evening Concert Windsor Locks <i>Caribbean Beach Bums</i> 4:00-9:00	22 Shopping-Geissler's 9:00 Renter's Rebate 9:30-1:30 Cribbage 10:00 Roundtable with Denise Menard 12:30 Wii Zumba 12:30 Set up for Monthly Social	23 MONTHLY SOCIAL 12:00 Entertainment by Joe Pereira-Singer, Soloist, Keyboardist	24 Dairy Delite 12:30 - 2:00 In House Movie <i>Eat Pray Love</i> 9:30 - 11:15
27 Shopping-Big Y or Walmart 9:00-11:00 Book Club 10:30 <i>A Walk in the Woods</i> by Bill Bryson Art with Tex 12:30 Wii Bowling 12:30	28 Chair Yoga 12:30	29 Shopping-Geissler's 9:00 Cribbage 10:00 Wii Bowling w/Windsor 12:30	30 Rockville Farmers Market 10:00-11:30 Avada Hearing Screening 12:30-2:00	31 Breakfast 9-11 at Sky Diner Managing Your Income in Retirement 12:30:00 PM Mobile Food Share St. Catherine's Church - 1:45 - 2:30 6/24/15-MEM

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.

THE CENTER IS OPEN

MONDAY THRU FRIDAY

8:00 A.M. - 3:00 P.M.

